



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
24-25

School Name & Location Number:	Charles R. Hadley Elementary
Principal:	Jordana Schneider
Phone Number:	305-261-3719
School Wellness/Healthy School Team Leader:	Dianna Rose
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Student: Matthew Alonso School Administrator: Mrs. Norma Lopez-Cao School Food Service Manager: Belkys Garcia Parent: Melody Perez School Health Professional: Aleyda DeLeon Physical Education Coach: Brett Fankhauser Volunteer: Oronde Taliaferro
Committee Meeting Dates:	8/2024 (Initial team planning meeting); 9/2024 (EESAC meeting); 10/2024 (Garden/Food Forest planting); 11/2024 (Faculty meeting), 01/2025 (EESAC meeting); Spring 2025 (Wellness Fair)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> • Promote free breakfast and lunch programs • Provide healthy meals and snacks daily to students, faculty, and staff through the cafeteria.

	<ul style="list-style-type: none"> • Conduct Cooking Skills World Cuisines & Small Bites classes through Common Threads • Apply for the FFVP grant and distribute fresh fruits and vegetables twice weekly <p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> • Line Dancing • Offer soccer, dance, and cheerleading classes through the After School Care program <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Implement a garden to table program • Continue weekly visits from Food Forest Champion volunteers for garden lessons • Bring awareness to the nutrition value of the school garden by putting more on social media • Reinstate nutrition lessons through UF/IFAS FNP using the YUM! curriculum <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • WellWay Wellness Program – yearly fair and promote their events • Organize a immunization fair on campus several times a year • Bring in a few more teachers/employee into the school wellness activities • Mental Health Coordinator provides formal lessons to students
Sustainability Practices:	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school • Encourage the use of re-usable items such as water bottles • Incorporating education on composting at school gardens • Implement Share Table in cafeteria using Food & Nutrition guidelines
Community Engagement:	<ul style="list-style-type: none"> • Continue partnerships with Common Threads, The Education Fund, UF/IFAS FNP • Develop new partnerships with other agencies, e.g. 4-H • Sending home harvested school garden produce • Health Fair on school campus: Including partnerships with Baptist Health, Miami-Dade Fire Rescue, Miami Dade Medical, FIU, and Miami Dade College

	<ul style="list-style-type: none"> • Increase business partnerships in the local area
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • School Health Fair attendance • Designated teacher responsible for monitoring and distributing harvested school garden produce • Regularly include wellness tips in social media posts • Create formal meeting agendas • Utilize Community Involvement Specialist and Community School Specialist to increase volunteer base
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> • Teaching students how to swim with the Swimming Program • Quarterly Family Health and Literacy workshops