



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Charles R. Hadley Elementary
Principal:	Jordana Schneider
Phone Number:	305-261-3719
School Wellness/Healthy School Team Leader:	Dianna Rose
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Student: Alexa Giraldo School Administrator: Mrs. Norma Lopez-Cao School food service manager: Belkis Garcia Parent: Melody Perez School Health Professional: Aleyda DeLeon Physical Education Coach: Brett Fankhauser Volunteer: Harry Andrade
Committee Meeting Dates:	9/2023 (Plant the garden date), 9/2023 (EESAC meeting), 10/2023 (EESAC meeting), 10/2023 (Faculty meeting), 11/2023 (EESAC meeting)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: <ul style="list-style-type: none"> • Promote the free breakfast and good eating habits, especially as testing approaches. • Provide healthy meals and snacks daily to students, faculty, and staff through the cafeteria. Physical Education: <ul style="list-style-type: none"> • Fitnessgram Testing

	<p>Physical Activity:</p> <ul style="list-style-type: none"> • Line Dancing <p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Implementing a garden to table program • Bring awareness to the nutrition value of the school garden by putting more on our social media sites <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Organize a health fair on campus that will provide free health screenings available to students, families and neighboring schools • Bring in a few more teachers/employee into the school wellness activities
Sustainability Practices:	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school • Encourage the use of re-usable items such as; water bottles • Incorporating education on composting at school gardens
Community Engagement:	<ul style="list-style-type: none"> • School health professional to select fruit or vegetable to highlight during meetings • Sending home harvested school garden produce • Health Fair on school campus: Including partnerships with Baptist Health, Miami-Dade Fire Rescue, Miami Dade Medical, FIU, and Miami Dade College • Increase business partnerships in the local area
Monitoring and Evaluation:	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • School Health Fair attendance • Designated teacher responsible for monitoring and distributing harvested school garden produce • Start the EESAC and social media advertisements earlier in the following school year • Have more organized meeting agendas and set times for the following year • Advertise more to increase future volunteers as we begin to project next school year
Other Activities:	<ul style="list-style-type: none"> • Teaching students how to swim with the Swimming Program

If applicable, attach supporting documentation (e.g. event flyer)

- Quarterly Family Health and Literacy workshops